

# Zeolite MED® Instructions for use

## ZEOLITE MED® – NATURAL DETOXIFICATION THROUGH THE ABSORPTION AND EXCRETION OF MERCURY, LEAD, CADMIUM, AMMONIUM AND HISTAMINE

As an invasive medical product in class IIb, Zeolite MED® is a natural bio-regulator for the whole family, suitable for prevention, therapy and therapy support:

### PURPOSE

By absorbing:

- Ammonium
- Heavy metals (mercury, lead, cadmium)
- Histamine

and preventing the growth of:

- Bacteria (pseudomonas aeruginosa, escherichia coli, staphylococcus aureus)
- Fungi (candida albicans, aspergillus brasiliensis)

Zeolite MED® can be used to relieve the strain on the liver by detoxifying the intestinal tract.

### AREAS OF APPLICATION

Zeolite MED® can be used to prevent and soothe symptoms of, e.g. the following illnesses:

- **Allergies**  
e.g. hayfever, vomiting, diarrhoea, conjunctivitis, neurodermatitis, contact eczema, urticaria, asthma
- **Food intolerances**  
e.g. Leaky Gut Syndrome
- **Histamine intolerance**  
e.g. digestion problems, headaches, exhaustion, erythema, itching, eczema, respiration problems, oedema
- **Liver diseases**  
e.g. burnout, depression, sleep problems, hepatitis, fatty liver disease, cirrhosis of the liver
- **Diseases of the upper digestive organs**  
e.g. mouth and throat infections, chronic stomach complaints, heartburn
- **Diseases caused by heavy metal contamination**  
e.g. neurodegenerative diseases, unfulfilled desire to have children, high blood pressure, cardiac arrhythmia, depression
- **For strain relief following antibiotic or chemotherapies**

### DOSAGE AND DURATION

Unless otherwise prescribed by your therapist, a course of treatment should last at least 40 days, or a longer period of time. Please begin by using it once a day. If necessary, usage can be gradually increased to twice a day, to a maximum of 3 times a day.

For use on children, please consult your therapist before using an appropriate dosage of Zeolite MED®.

### Zeolite MED® powder

Unless otherwise prescribed by your therapist, you may mix 1 slightly heaped teaspoon (3g) of Zeolite MED® Powder into 200 ml of water, 30 minutes before or after eating and drink immediately. Depending on your requirements, this can be done 1 to 3 times per day, with a maximum consumption of 10g a day.

### Zeolite MED® ultra-fine powder

Unless otherwise prescribed by your therapist, you may mix ½ a teaspoon (1g) of Zeolite MED® Ultra-fine Powder into 200 ml of water, 30 minutes before or after eating and drink immediately. Depending on your requirements, this can be done 1 to 3 times per day, with a maximum consumption of 3g a day.

### Zeolite MED® capsules

Unless otherwise prescribed by your therapist, you may take 1 – 2 Zeolite MED® Capsules per day with 200 ml water, 30 minutes before or after eating. Depending on your requirements, this can be done 1 to 3 times per day, with a maximum consumption of 6 capsules a day.

### REGULARITY, ROUTINE AND TREATMENT TIME

The regularity of treatment has an influence on its effect; interruptions can decrease it. Just choose the right time period for you from the following. According to Karl Hecht, Dr. med. Dr. med. habil. for Neurophysiology em. Prof. for experimental and clinical pathological Physiology at Charité / Humboldt-University in Berlin, the following times are recommended for internal use on people, in accordance with chronobiology:

6 – 8 am

1 – 3 pm

6 – 8 pm

For night treatment:

10 pm

### INTERACTION WITH OTHER SUBSTANCES

A waiting period of at least 2 hours should be observed after taking medicine. Avoid alcohol, drinks containing caffeine or acidic drinks such as grapefruit / orange / lemon / pineapple juice.

### SIDE EFFECTS

In rare cases, constipation may occur if too little fluid has been consumed. This effect depends on the dosage and can be avoided by consuming enough fluids and reducing the dosage. If constipation occurs, the intake of fluids should be increased, the dosage reduced and, where necessary, a therapist should be consulted.



## WARNINGS AND CAUTIONARY MEASURES

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Zeolite MED® is not a replacement for an antiallergic. In order to support the detoxification and regulatory processes, a sufficient intake of liquids must be ensured while taking Zeolite MED®, both when taking the substance (0.2 litres of water) and with regards to the daily intake of water (2–3 litres/day).

If you have a medical condition, are pregnant or breastfeeding, please consult your therapist before using Zeolite MED®.

This also applies for the use of the product on children.

The medical product must not be inhaled (breathed in) or used on the eyes. Should it come into contact with the eyes, rinse thoroughly.

Terminate the application if you notice an abnormal effect.

## STORAGE AND USABILITY

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Keep the product out of the reach of children aged 6 years and below.

Always close the package after use.

Store the product in a dry place at room temperature.

The expiry date is printed on the bottom of the package.

Do not use the product after the expiry date.

## CONTENTS

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Clinoptilolite zeolite

## INSTRUCTIONS FOR DISPOSAL

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Content and packaging can be disposed of with household waste. Violet glass jars should be disposed of in the green glass bank.

## MEDICAL PRODUCT MANUFACTURER

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